






















ADVENTUROUS ACTIVITIES

How many of these adventures activities have you completed?

Please circle any activities you have completed and then add up the points associated with each one. If you have taken part in any activities that aren't listed, then please write them at the bottom and add a value.

Ghyll scrambling / Canyoning / Gorge walking  4	Caving  3	Orienteering  2	Coasteering  6
Canoeing  2	Kayaking  1	Mountain biking  3	Sailing  5
Abseiling  2	Outdoor/indoor rock climbing  2	High/low ropes  3	Windsurfing  5
Weaselling  6	Bouldering  4	Hill walking  2	Dragon boating  5
Gliding  4	Geocaching  3	Ice climbing  5	Raft building  4

Total: _____